

DENTAL HEALTH CARE



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References

O'Neil M, ed. 2015. The ADA Practical Guide to Substance Use Disorders and Safe Prescribing. Hoboken, NJ: Wiley-Blackwell.

Delta Dental. 2020 Teens and Dental Opioids: A Guide for Parents. Sacramento, CA Delta Dental

[Opioid Education for Dentist - How Dentist Prescribe Opioids| America Dental Association \(ADA.org\)](#) [ADA Chairside Pain Management Checklist](#)

[ADA Chairside Pain Management Discussion opioids children adolescents. pdf \(mchorallhealth.org\)](#)

USING OPIOIDS SAFELY





Pain management may be necessary for some dental procedures.

Pain medications options include prescriptions and over-the-counter medications.

Prescription opioids are a family of drugs used to treat pain but when overused or misused can lead to overdose and addiction.

Over-the-counter medication such as acetaminophen (Tylenol) alone or in combination with a non-steroidal anti-inflammatory (NSAID) like Motrin or Advil can be as effective as opioid medication with fewer side-effects.

When pain medication is needed, it is usually needed for only a short time for acute pain or special conditions

List of Possible Alternatives; Ask your dentist:

- **Ibuprofen**
- **Naproxen**
- **Tylenol**
- **Warm compresses**
- **Salt water rinses**



BE OPIOID AWARE

San Benito County OPIOID TASK FORCE

HERE ARE SOME REMINDERS...

- Always talk with your dentist ahead of time about how to best manage dental pain and what to expect.
- Studies show non-opioid medication such as acetaminophen (Tylenol) and or ibuprofen (Advil or Motrin) are a safe and effective way to manage pain in many cases.

IF OPIOID MEDICATIONS ARE NEEDED:

- Take only as directed by the dentist (not more)
- Take only for short period (1 - 3 days).
- Do not share the medication with others.
- Properly dispose of any leftover medication immediately-DO NOT save it at home.

SAN BENITO COUNTY ORAL HEALTH PROGRAM

