

# Teen Support Services Resource Guide



## Text Support

- **CA Vaping Quit Support** Text "NOVAPES" to 66819
- **Crisis Text Line** Text "Home" to 741741
- **National Suicide Prevention Lifeline** Text 838255
- **The Trevor Project** Text "START" to 678-678

## Voice/Over The Phone Support

- **CA Vape User Helpline** (844) 866-8273
- **Central Coast 24 Hour Suicide Hotline** (877) 663-5433
- **LGBT National Youth Talk Line** (800) 246-7743
- **National Suicide Prevention Lifeline** (800) 273-8255
- **National Teen Dating Abuse** (866) 331-9474
- **San Benito County 24/7 Behavioral Health Crisis Line** (888) 636-4020
- **San Benito High School Anonymous Tip Line** (831) 637-5831 x403
- **The Trevor Project** (866) 488-7386
- **Trans Lifeline** (877) 565-8860
- **Youth Crisis & Runaway Hotline** (800) 786-2929



## Centers for Youth (Ages 14 - 21)



- **Drop In Center**  
Safe, Non-Judgmental Space  
544 San Benito Street Suite 102, Hollister, CA 95023  
Monday - Wednesday 3 pm to 7 pm
- **LGBT Youth Resource Center and Safe Space**  
544 San Benito Street Suite 102, Hollister, CA 95023  
Saturday 12 pm to 4 pm

## Counseling and/or Substance Use Support

- **San Benito County Behavioral Health**  
(831) 636-4020 | Hotline (888) 636-4020  
1131 Community Parkway, Hollister, CA 95023
- **Valley Health Associates**  
(831) 424-6655  
427 Pajaro Street, Salinas, CA 93901
- **Youth Alliance**  
(831) 636-2853  
310 4th Street #101, Hollister, CA 950923





## California's Good Samaritan Law

In California, it's **not a crime** to call 9-1-1 and report an overdose or alcohol poisoning.

The person calling 9-1-1 and the person experiencing an overdose or alcohol poisoning will be **protected from arrest as long as you cooperate with the first responders** ( EMTs, fire fighters, law enforcement officers).

**Many overdose deaths are preventable**, but people are afraid of arrest if they call 9-1-1 for help at the scene of a drug overdose.

It is important to remember that first responders want to **help** not get someone in trouble.

### Looking for

- more information ?
- more resources?
- a place to ask anonymous questions ?

Visit: [www.sbcopioidtaskforce.org](http://www.sbcopioidtaskforce.org)

**FENTANYL**  
is causing overdoses in San Benito County

← This is a penny

← This is a **DEADLY** dose of fentanyl  
Found in *nearly all* illicit drugs or hidden in fake pills

More info at:  
[www.sbcopioidtaskforce.org](http://www.sbcopioidtaskforce.org)

SAN BENITO COUNTY  
OPIOID TASK FORCE

